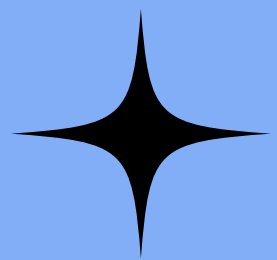
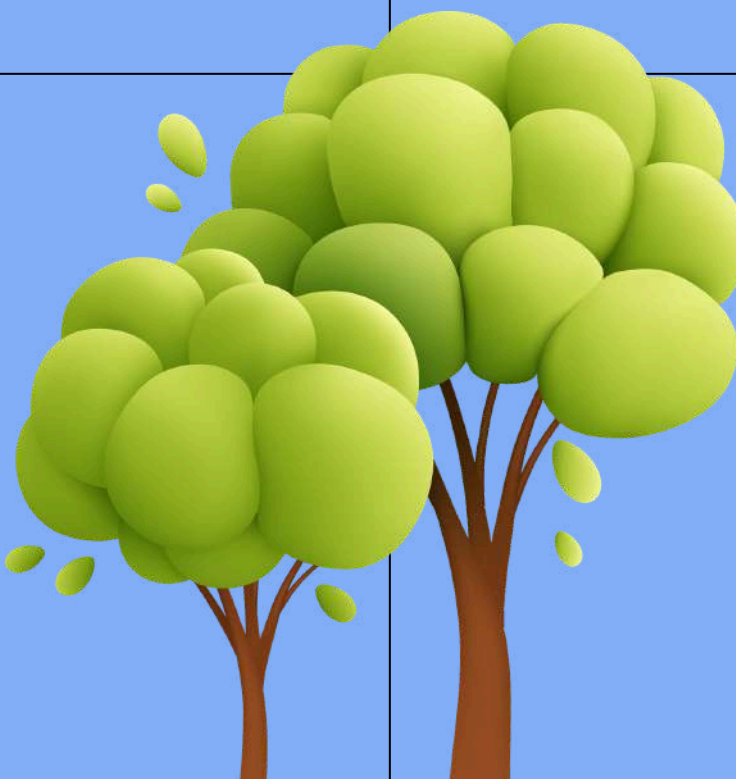


VOLUNTEER WITH US

vibria.org



CONTENT

TOPIC	SUBTOPIC	PAGE
La Víbria Intercultural	Who are we? What do we offer?	03 – 06
Your future home?	Our flats & Terrassa	07 – 09
Our offers & Organizations	Prodis, La Fact, Jeroni, La Víbria	10
Specific offers	Your volunteering experience	11 – 22
Contact	La Víbria	23
		

Here's who we are:

LA VIBRIA INTERCULTURAL

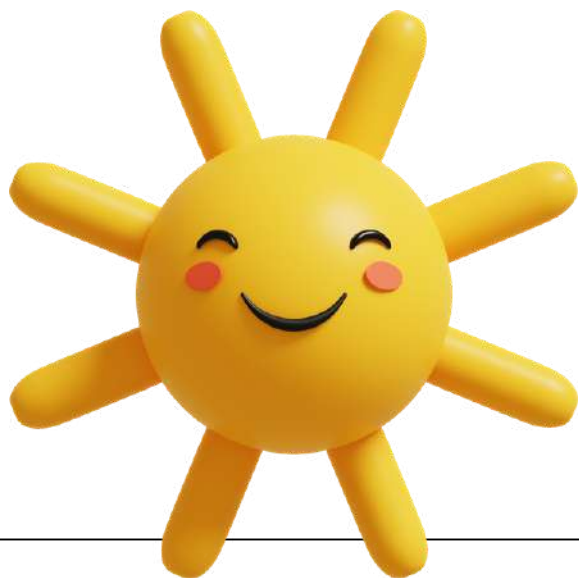
Meet La Vibria Intercultural! Based in Terrassa (Catalonia), we are a **passionate team dedicated to intercultural exchange.**

We support volunteers in their personal and professional growth. As your hosts, we are here to ensure your ESC journey in Terrassa is impactful, educational, and unforgettable.



(The Team)

**CONNECTING CULTURES, EMPOWERING
YOUTH, BUILDING SOLIDARITY.**

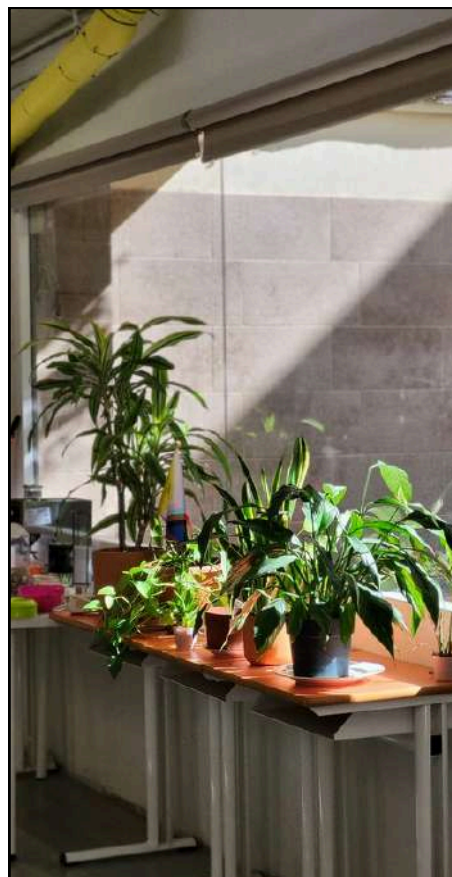


OUR HISTORY

We have been hosting volunteers for 20 years.

OUR MISSION

We work to promote youth mobility and non-formal education as tools for personal and professional growth. By hosting and sending volunteers through the ESC, we facilitate intercultural exchange and social impact, **making international experiences accessible to everyone.**



(The Office)

14 SPOTS WILL ONE BE YOURS?

This year we're hosting 14 ESC volunteers for an unforgettable experience! Are you 18–30 and living in Europe? Ensure you are registered on the official ESC Portal and send us your application. **Your solidarity journey starts here!**



(Barcelona)

WHERE

During the project you will live in Terrassa: Catalonia's third-largest city, **40 min from Barcelona** by train. Its history spans from Roman roots to its role as a leader in the Industrial Revolution. Today, the city is a unique blend of Modernist landmarks and historic factories tucked into lively residential areas, **a vibrant hub full of local culture and events where you will soon feel like a local.**

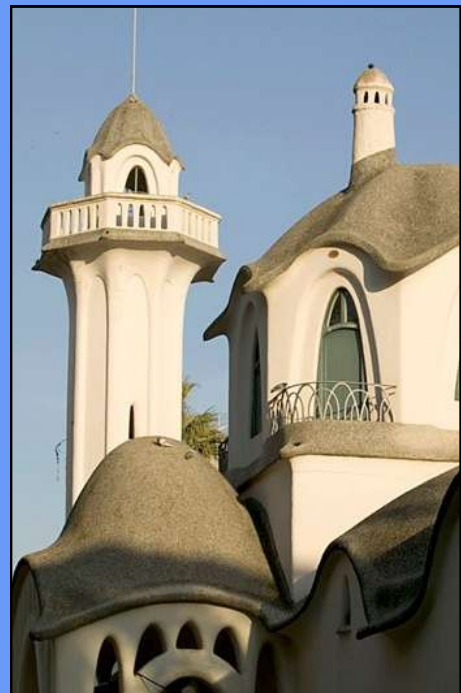
FINANCIAL SUPPORT

€ 340 / Month



WHEN

Sept. 2026 –
Aug. 2027



(Terrassa)



14 SPOTS WILL ONE BE YOURS?

CATALAN CLASS

Enjoy **3 hours of Catalan classes each week** during your first months! Since Terrassa is in Catalonia, a bilingual region where both Spanish and Catalan are spoken. Classes take place at a private language school, and past volunteers have seen fantastic progress, so you're in great hands.



(Catalan Flag)

TRAVEL COST

Your journey is fully supported! **Travel costs are covered both ways:** from your home country to Spain at the start, and back home when your volunteering ends. Funding depends on distance, with extra support available if you choose eco-friendly travel like train or bus.

HOLIDAYS

You'll have 22 days of vacation in total: 17 are set around key holiday periods (Christmas, Easter, August, and public holidays), while the rest are flexible and can be planned to suit your needs.



ACCOMODATION

Stay in a fully equipped flat in central Terrassa, shared with other ESC volunteers more details coming up on the next pages!



INTERESTED? INFO MATERIAL

WHAT IS ESC?

Listen to this year's volunteers talk about what exactly is an ESC project and how to apply.



[Click here](#)

TRAININGS & FORMATIONS

Learn more about the trainings you will receive in the context of ESC!



[Click here](#)



NEED INSPIRATION?

Check out our reels on ESC life, that our current communication volunteer made.



[Click here](#)



[Click here](#)



[Click here](#)

YOUR FUTURE HOME?

GENERAL INFO

You'll be part of a group of 14 volunteers living across 3 fully equipped flats in central Terrassa. All are within a **15–20 minute walk of workplaces and/or the train station**. **Rooms can be private or shared** (up to two people and we decide by lottery who gets to live where), and **bikes are available to share**, making it easy to get around and connect with others.

OI: MARQUES DE COMILLAS

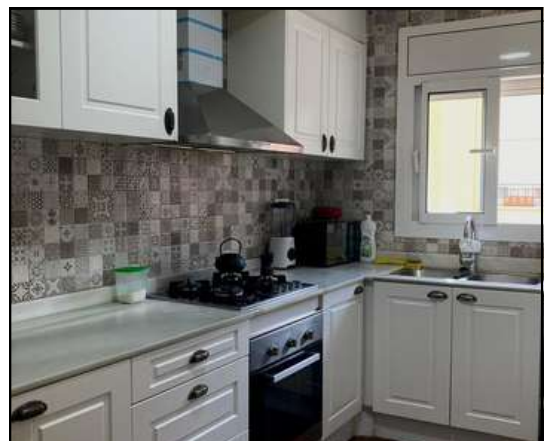
Marquès de Comillas flat is described by the current volunteers as the place to be! With **three sunny terraces**, there's always a perfect spot to relax, and the super comfy yellow sofa makes it ideal for hosting friends. It's the biggest flat, home to **six volunteers**, and the atmosphere is so lively that the current group says it feels like living in an episode of Friends, especially during their much-loved movie nights.



(Marques de Comillas)



(Marques de Comillas)



(Marques de Comillas)

YOUR FUTURE HOME?

02: MARCONI

Marconi is the most modern flat, featuring **two shared rooms a big Terrace and even a dressing room!** Located close to a train station, it always has a lively, social atmosphere. There's a library close by, perfect if you like to read and study.



(Marconi)



(Marconi)



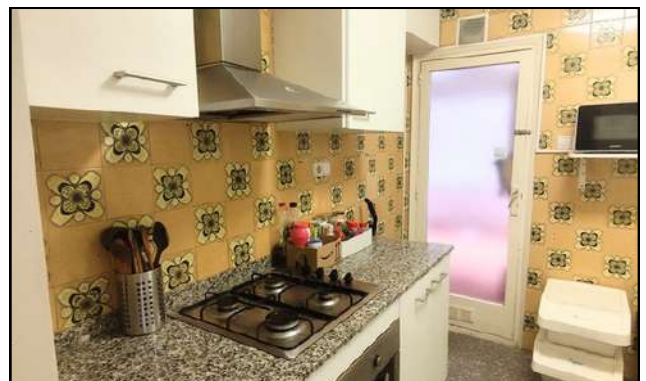
(Marconi)

03: CREU GRAN

Creu Gran is our oldest flat, but also the one with the most charm. **Right in the heart of Terrassa, it's perfect if you enjoy nightlife and easy travel.** The small balcony overlooks a lively street, so you'll get to experience **local traditions up close throughout the year.** There's also a traditional courtyard for drying clothes and everyday use.



(Creu Gran)



(Creu Gran)



(Creu Gran)



TERRASSA

LOCATION

Co-capital of Vallès Occidental,
just outside Barcelona!

SIZE

~200,000 residents
Catalonia's 3rd largest city

HERITAGE

A rich timeline from Roman Egara
and Medieval ruins
to a powerhouse
of the Industrial Revolution

VIBE

A **"hidden gem"** known for its
Modernist & Roman architecture,
industrial heritage, and vibrant local
festivals and local culture.



(Culture & Tradition)



(Hiking)



(Roman Heritage)



ORGANIZATIONS OFFERS & GENERAL INFO

READ THIS FIRST

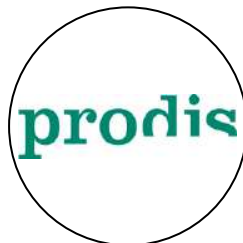
At La VÍbria, we coordinate the ESC volunteer group in Terrassa. **We place some volunteers in partner organizations, while others work with us directly at our office on different tasks.** So during the application process you will be in touch with us as well, but if you apply for one of our partner organization's offers you will obviously work with them. On this page, you'll find a quick **overview of the partner organizations**, and on the next pages, we'll explain each one and their offers in more detail.



Youth work, cultural dynamization, Radio, Visual communication, International Mobility Projects



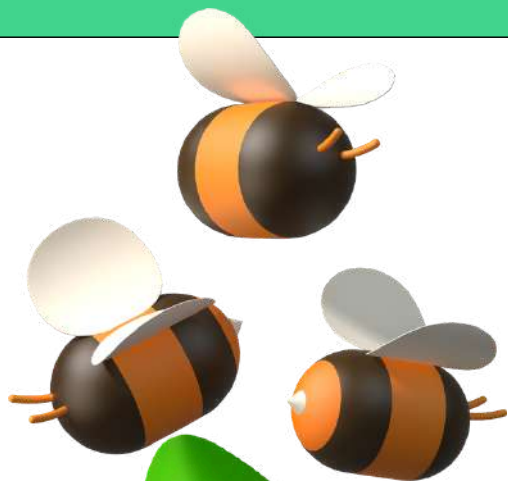
Leisure, Sports and Occupational Activities for Social Inclusion



Leisure, Sports and Enhancing the autonomy of people with mental disability



Occupation, Leisure and social inclusion





(speaker)



(yoga mat)



(petanca balls)

LA FACT FUPAR

[volunteer starter pack]



(Thermos cup)



(patience)



(pan)

ORGANIZATIONS OFFERS @LA FACT FUPAR

GENERAL INFO

LaFACT (Amat Roumens Foundation) is a non-profit organization in Terrassa that has been **supporting people with disabilities since 1971**. Created by families, it was a **pioneering project in Spain**, promoting inclusion through meaningful activities and opportunities.

Today, LaFACT supports over **500 people**, offering personalized assistance based on each person's abilities and level of autonomy, with the help of a team of **100+ professionals and volunteers**.

One of its key areas is the Leisure Service, which organizes social, educational, and sports activities for people with **intellectual disabilities**. The goal is to boost autonomy, inclusion, and participation, making sure everyone has access to activities that match their interests and needs.

WORKING HOURS

25h per week + 2h supporting La Vibria activities (tutorings, meetings, presentations, etc.). You'll have 2 days off each week, sometimes on weekends, sometimes during weekdays.



(Activities: Arts)



(Activities: Cooking)



(Activities: Football)



5 VOLUNTEERS @LA FACT FUPAR



OUR OFFER

You'll enjoy a volunteering experience that respects your dignity, privacy, and personal beliefs, with no discrimination. You'll have access to up-to-date information about the programs and activities you take part in, and receive continuous follow-up and support to fully integrate into the team. You'll also be actively involved in evaluating socio-educational, sports, and volunteering activities. At the same time, you'll have the chance to **practice Catalan and/or Spanish**, meet and connect with other volunteers in the organization, and **get to know the local environment through different activities**.

LEISURE, SPORTS AND OCCUPATIONAL ACTIVITIES FOR SOCIAL INCLUSION

We are looking for **5 ESC volunteers** to support the Leisure and **Sports department and the Occupational Center** and the service of improvement of autonomy and inclusion of Fupar. In relation to the tasks of the volunteers, we expect that they will actively participate in the activities and that will **proactively propose new dynamics in the implementation of the activities**. The main function will be offering accompaniment and social support, establishing a significant link with the person with disability. We also expect you to actively participate in the processes of design, development and evaluation of socio-educational and sports proposals that are scheduled each year.

[More info](#)

[Apply here!](#)



(Football)



(Group Activities)



(Making friends)



(Outdoors)

INTERESTED? CHECK OUT OUR TESTIMONIALS

VOLUNTALKS

Check out this episode of Voluntalks, where Greta Talks about how life is at La Fact.



[Click here](#)

INSTAGRAM

Check out the Instagram profile of La Fact Fupar to stay up to date!

lafact_fupar

LaFACT Fupar

1098 publicaciones 5513 seguidores 815 seguidos

Som #LaFACT, Factoria Social de Terrassa. 🙌 Acompanya persones amb discapacitat intel·lectual
campiones olímpiques, 36, Terrassa 08225

🌐 lafact.cat/inclusio-social y 3 más

[Click here](#)

DIARY: HENRI

Read Henri's diary about his experience as a volunteer at La Fact Fupar.



[Click here](#)

DIARY: GRETA

Read Greta's diary about her experience as a volunteer at La Fact Fupar.



[Click here](#)





(basketball)



(zumba)



(ceramics)

PRODIS

[volunteer starter pack]



(carpentry)



(running events)



(arts)

ORGANIZATIONS OFFERS @PRODIS

GENERAL INFO

Prodis is a non-profit social entity that works for and with **adults with intellectual disabilities, cerebral palsy, mental disorder** in Terrassa and its natural environment. We offer work services, in a protected environment, occupational therapy services, occupational insertion services, **housing services, sports and leisure**. At Prodis, we understand that improving the quality of life is not just about the absence of disease, but about **maximizing people's potential** by enabling them to enjoy good physical, mental and social health.

WORKING HOURS

25h per week + 2h supporting La VÍbria activities (tutorings, meetings, presentations, etc.). You'll have 2 days off each week, usually Sunday & Monday.

prodis

Website



(Activities: Culture)



(Activities: Arts)



3 VOLUNTEERS @PRODIS

OUR OFFER

You will learn from within the design, implementation, and evaluation processes of our **socio-educational and sports activities**, and take an active role in assessing volunteering, educational, and sports programs. You'll also help **break down stigma and contribute to building a more inclusive society**, for example by supporting participants in local events. At the same time, you'll gain experience in **psycho-social support activities and even co-lead some of them**, while discovering the many abilities of people with disabilities. You'll get to know the organization's structure and social network, and practice Catalan and Spanish in your daily life.

LEISURE, SPORTS AND ENHANCING THE AUTONOMY OF PEOPLE WITH MENTAL DISABILITY

We are looking for **3 ESC volunteers** that will support Prodis in daily activities, **most of them the sports ones**. The volunteer will help in the Occupational Center and the Sport Club, where they will be able to support them in the following activities: **zumba, basketball, swimming pool, adapted sports, athletics, hockey or soccer**. In relation to the tasks of the volunteer, we expect that they will actively participate in the different activities and that will **proactively propose new dynamics** in the implementation of the activities.

[More info](#)

[Apply here!](#)



(Music)



(Sports)



(Culture)



(Arts)

INTERESTED? CHECK OUT OUR TESTIMONIALS

DIARY: NATALIA

Read how life is going for our current volunteer Natalia from Greece:



[Click here](#)

DIARY: ANA

Find out what motivates our current volunteer Ana from Slovenia to volunteer at Prodis:



[Click here](#)

INSTAGRAM

Check out the Instagram profile of Prodis to stay up to date!

proditerrassa  ...

Prodis Terrassa

2856 publicaciones 7833 seguidores 784 seguidos

Organización sin ánimo de lucro

A Prodis acompanyem a les persones amb discapacitat intentem passar-ho súper bé... más

forms.gle/p8x67t7KtrLFRtWP7 y 3 más

[Click here](#)





(football)



(walking/ trekking)



(Catalan language)

JERONI DE MORAGAS

[volunteer starter pack]



(paint)



(hugs)



(music)

ORGANIZATIONS OFFERS @JERONI DE MORAGAS

GENERAL INFO

The Jeroni de Moragas Center is a 50-year-old nonprofit cooperative based in **Sant Cugat del Vallès**. We support over 100 people with **intellectual and functional diversity, mental health conditions, and autism**, promoting social and work inclusion.

Through our Occupational Centre, a **multidisciplinary team** (psychologists, social workers, social educators, occupational therapists and social integrators) designs therapeutic, educational, and pre-work activities based on a **bio-psycho-social approach to improve quality of life**. We also run 4 residential homes for 6–7 people, supporting independence, personal growth, and full participation in community life.

WORKING HOURS

25h per week + 2h supporting La Víbria activities (tutorings, meetings, presentations, etc.). You'll have 2 days off each week, usually weekends.

**JERONI
DE MORAGAS**
SANT CUGAT

Website



(Activities: Culture)



(Activities: Arts)



2 VOLUNTEERS @JERONI DE MORAGAS

OUR OFFER

You'll enjoy a respectful, inclusive volunteering experience with ongoing support and full integration into the team. You'll stay informed, take part in evaluating activities, practice Catalan and/or Spanish, connect with other volunteers, and explore the local environment through different activities.

This experience involves working closely with **people with intellectual disabilities, supporting daily activities, autonomy, and therapeutic sessions.**

You'll also take part in innovative projects (like sensory rooms and tech tools) and vibrant community activities, from **music and sports to radio and TV.** Plus, you'll support life in residential homes and join leisure activities and excursions.

LEISURE, OCCUPATIONAL ACTIVITIES, SOCIAL INCLUSION

We are looking for 2 ESC volunteers that will support the direct **attention team of the Occupational Center** and the Service of residences of Jeroni de Moragas Center. In relation to the tasks of the volunteers, we expect that they will **actively participate in the activities and support the proposal of new dynamics in the implementation of the activities.**

[More info](#)

[Apply here!](#)



(Sporting Events)



(Emotional Support)



(Making friends)



INTERESTED? CHECK OUT OUR TESTIMONIALS

VOLUNTALKS

Check out this episode of Voluntalks, where Noé Talks about how life is at Jeroni.



[Click here](#)

DIARY: TAMTA

See how life is going for our current volunteer Tamta at Jeroni.



[Click here](#)

INSTAGRAM

Check out the Instagram profile of Jeroni to stay up to date!

jeronidemoragas ...

Jeroni de Moragas

282 publicaciones 1569 seguidores 501 seguidos

Organización sin ánimo de lucro

Acompanyem persones adultes amb discapacitat intel·lectual i TEA.

Serveis diürns, laborals,... más

AV. Villadelprat 79, Sant Cugat del Vallès 08196

[somresilients.cat/categoria-producte/roset-solida](https://www.instagram.com/somresilients.cat/categoria-producte/roset-solida)

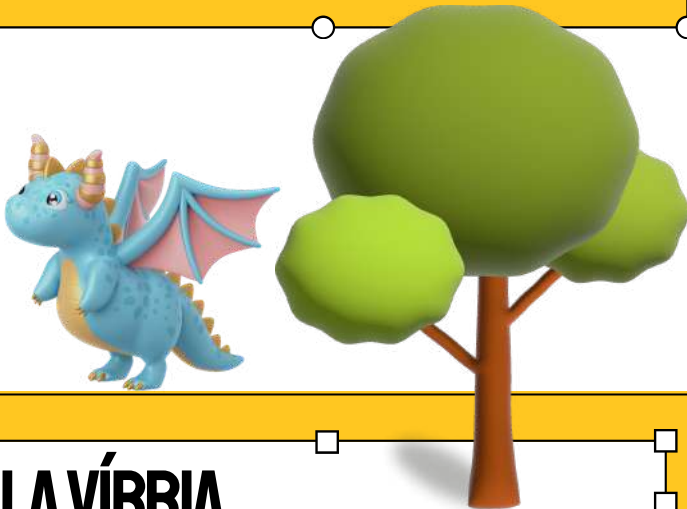
[Click here](#)



CONTACT

AILEN

Ailen is the responsible person of ESC Projects at La VÍbria Intercultural. She will take care of you during your stay and the application process. Reach out to her if you have any questions!



LA VÍBRIA

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from 9 AM - 6 PM

+34 633 69 93 06 / +34 931 79 89 00

Design: Melanie Cieslinski

vibria.org



(Ailen)



(La VÍbria)

We can't wait
to meet you!

