



# VOLUNTEER WITH US

[vibria.org](http://vibria.org)



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Here's who we are:

# LA VIBRIA INTERCULTURAL

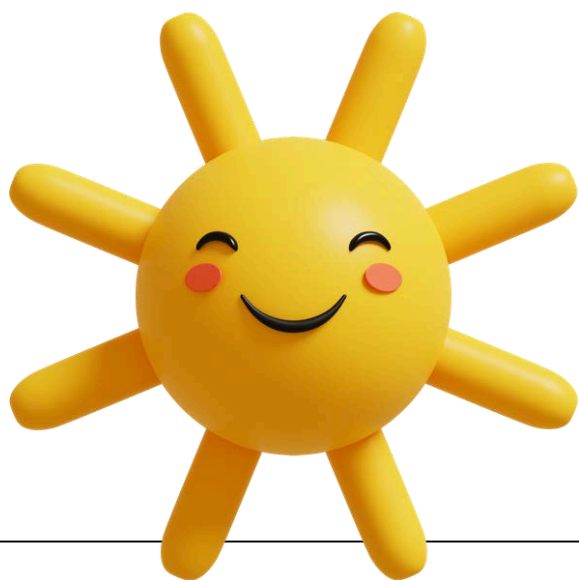
Meet La Vibria Intercultural! Based in Terrassa (Catalonia), we are a **passionate team dedicated to intercultural exchange.**

We support volunteers in their personal and professional growth. As your hosts, we are here to ensure your ESC journey in Terrassa is impactful, educational, and unforgettable.



(The Team)

**CONNECTING CULTURES, EMPOWERING  
YOUTH, BUILDING SOLIDARITY.**



## OUR HISTORY

We have been hosting volunteers for 20 years.

## OUR MISSION

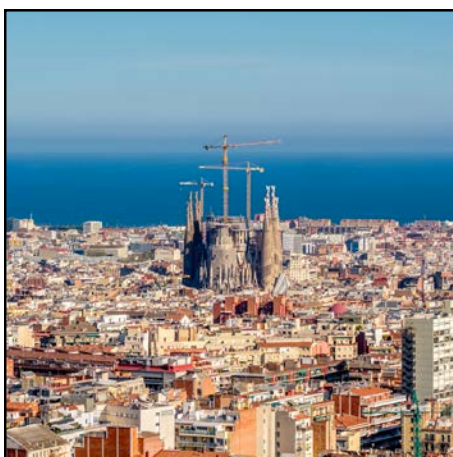
We work to promote youth mobility and non-formal education as tools for personal and professional growth. By hosting and sending volunteers through the ESC, we facilitate intercultural exchange and social impact, **making international experiences accessible to everyone.**



(The Office)

# 14 SPOTS WILL ONE BE YOURS?

This year we're hosting 14 ESC volunteers for an unforgettable experience! Are you 18–30 and living in Europe? Ensure you are registered on the official ESC Portal and send us your application. **Your solidarity journey starts here!**



(Barcelona)

## WHERE

During the project you will live in Terrassa: Catalonia's third-largest city, **40 min from Barcelona** by train. Its history spans from Roman roots to its role as a leader in the Industrial Revolution. Today, the city is a unique blend of Modernist landmarks and historic factories tucked into lively residential areas, **a vibrant hub full of local culture and events where you will soon feel like a local.**

## FINANCIAL SUPPORT

€ 340 / Month



## WHEN

Sept. 2026 –  
Aug. 2027



(Terrassa)



# 14 SPOTS WILL ONE BE YOURS?

## CATALAN CLASS

Enjoy **3 hours of Catalan classes each week** during your first months! Since Terrassa is in Catalonia, a bilingual region where both Spanish and Catalan are spoken. Classes take place at a private language school, and past volunteers have seen fantastic progress, so you're in great hands.



(Catalan Flag)

## TRAVEL COST

Your journey is fully supported! **Travel costs are covered both ways:** from your home country to Spain at the start, and back home when your volunteering ends. Funding depends on distance, with extra support available if you choose eco-friendly travel like train or bus.

## HOLIDAYS

You'll have 22 days of vacation in total: 17 are set around key holiday periods (Christmas, Easter, August, and public holidays), while the rest are flexible and can be planned to suit your needs.



## ACCOMODATION

Stay in a fully equipped flat in central Terrassa, shared with other ESC volunteers more details coming up on the next pages!



# INTERESTED? INFO MATERIAL

## WHAT IS ESC?

Listen to this year's volunteers talk about what exactly is an ESC project and how to apply.



[Click here](#)

## TRAININGS & FORMATIONS

Learn more about the trainings you will receive in the context of ESC!



[Click here](#)



## NEED INSPIRATION?

Check out our reels on ESC life, that our current communication volunteer made.



[Click here](#)



[Click here](#)



[Click here](#)

# TERRASSA

## LOCATION

Co-capital of Vallès Occidental,  
just outside Barcelona!

## SIZE

~230,000 residents  
Catalonia's 3rd largest city

## HERITAGE

A rich timeline from Roman Egara  
and Medieval ruins  
to a powerhouse  
of the Industrial Revolution

## VIBE

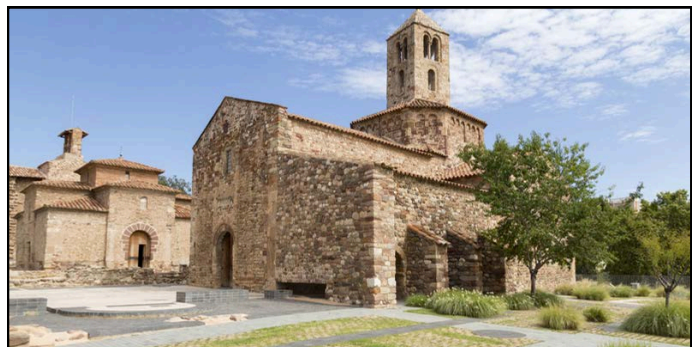
A "**hidden gem**" known for its  
Modernist & Roman architecture,  
industrial heritage, and vibrant local  
festivals and local culture.



(Culture & Tradition)



(Hiking)



(Roman Heritage)



# YOUR FUTURE HOME?

## GENERAL INFO

You'll be part of a group of 14 volunteers living across 3 fully equipped flats in central Terrassa. All are within a **15–20 minute walk of workplaces and/or the train station**. **Rooms can be private or shared** (up to two people and we decide by lottery who gets to live where), and **bikes are available to share**, making it easy to get around and connect with others.



(Marques de Comillas)



(Marques de Comillas)

## OI: MARQUES DE COMILLAS

Marquès de Comillas flat is described by the current volunteers as the place to be! With **three sunny terraces**, there's always a perfect spot to relax, and the super comfy yellow sofa makes it ideal for hosting friends. It's the biggest flat, home to **six volunteers**, and the atmosphere is so lively that the current group says it feels like living in an episode of Friends, especially during their much-loved movie nights.



(Marques de Comillas)

# YOUR FUTURE HOME?

## 02: MARCONI

Marconi is the most modern flat, featuring **two shared rooms a big Terrace and even a dressing room!** Located close to a train station, it always has a lively, social atmosphere. There's a library close by, perfect if you like to read and study.



(Marconi)



(Marconi)



(Marconi)

## 03: CREU GRAN

Creu Gran is our oldest flat, but also the one with the most charm. **Right in the heart of Terrassa, it's perfect if you enjoy nightlife and easy travel.** The small balcony overlooks a lively street, so you'll get to experience **local traditions up close throughout the year.** There's also a traditional courtyard for drying clothes and everyday use.



(Creu Gran)



(Creu Gran)

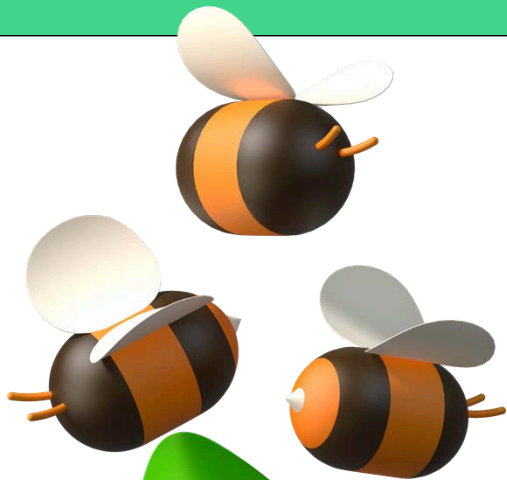


(Creu Gran)

# ORGANIZATIONS OFFERS & GENERAL INFO

## READ THIS FIRST

At La VÍbria, we coordinate the ESC volunteer group in Terrassa. **We place some volunteers in partner organizations, while others work with us directly at our office on different tasks.** So during the application process you will be in touch with us as well, but if you apply for one of our partner organization's offers you will obviously work with them. On this page, you'll find a quick **overview of the partner organizations**, and on the next pages, we'll explain each one and their offers in more detail.



Youth work, cultural dynamization, Radio, Visual communication, International Mobility Projects



Leisure, Sports and Occupational Activities for Social Inclusion



Leisure, Sports and Enhancing the autonomy of people with mental disability



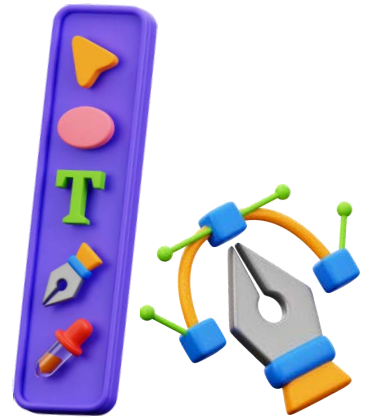
Occupation, Leisure and social inclusion



(stickers)



(podcast micro)



(design software)

# ***LA VÍBRIA INTERCULTURAL***

[ volunteer starter pack ]



(project management)



(video editing)



(card game)

# ORGANIZATIONS OFFERS @LA VIBRIA INTERCULTURAL

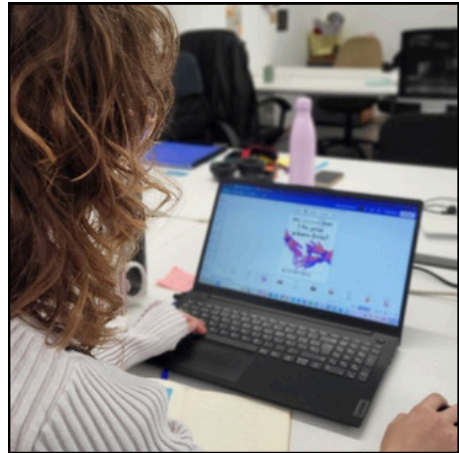
## GENERAL INFO

Be part of a dynamic, multicultural team that shares knowledge and experience in a friendly, trusting and flexible environment, where every day brings different tasks.

You'll also have the chance to **develop and implement your own ideas (environment, gamification, youth work, radio, etc.)**.

## WORKING HOURS

You'll work 27 hours per week, Monday to Friday, with 2 days working from home. Weekends are usually free, except for occasional events like fairs, local activities, or international projects. You will always have 2 days off per week.



(Graphic Design)



(Radio/ Podcast)



(Team Work)



# 4 VOLUNTEERS @LA VIBRIA INTERCULTURAL

## YOUTH WORK, CULTURAL DYNAMIZATION AND RADIO

We're looking for 1 ESC volunteer to bring energy to our cultural events and our radio! You'll help create and **lead activities** that connect people and celebrate diversity. You will work on a **radio show** where you can bring your own ideas and at local radio events.

More info

Apply here!

## VISUAL COMMUNICATION AND YOUTH WORK

We're looking for 2 ESC volunteers to boost our visual communication! One with a **graphic design** profile and one in **community management**, helping us promote our projects and activities in creative and engaging ways.

More info

Apply here!

## INTERNATIONAL MOBILITY PROJECTS & YOUTH WORK

We're looking for 1 ESC volunteer to support our mobility and activities work! You'll help promote opportunities and take part in **creating and running both international youth projects and local activities**. You will also work in non-formal education.

More info

Apply here!



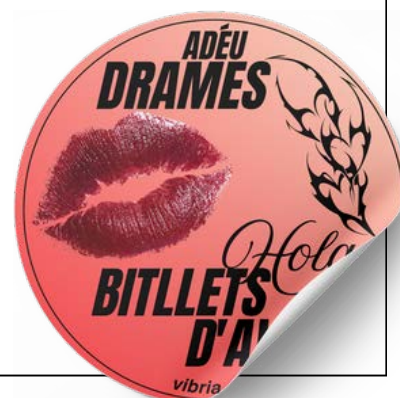
(Video Communication)



(Radio Work)



(Cultural Events)



# INTERESTED? CHECK OUT OUR TESTIMONIALS

## RADIO WORK & ESC

Listen to this year's volunteers talk about their experience along with their coordinator



[Click here](#)

## LIFE @ LA VÍBRIA

Check out our TikTok (made by our community management volunteer!)



[Click here](#)

## COMMUNICATION

Read Melanie's diary about her experience as a communication volunteer.



[Click here](#)

Listen to her podcast on AI & Young Creatives:



[Click here](#)

## LIFE @ LA VÍBRIA

Check out our TikTok (made by our community management volunteer!)

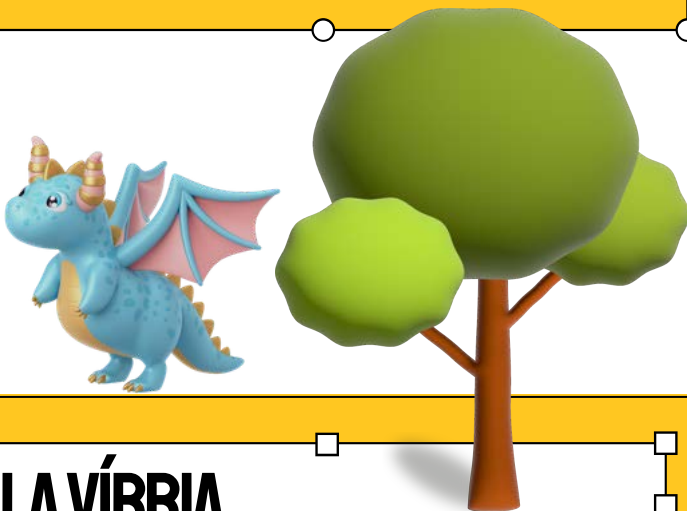


[Click here](#)

# CONTACT

**AILEN**

Ailen is the responsible person of ESC Projects at La VÍbria Intercultural. She will take care of you during your stay and the application process. Reach out to her if you have any questions!



**LA VÍBRIA**

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[vibria.org](http://vibria.org)



(Ailen)



(La VÍbria)

We can't wait  
to meet you!

