

## Infopack for you!

### Associazione “Appoggiati a Me Onlus”

#### Dear applicant!

Thank you for your interest in our project! In this little document you can find all the information which can be useful before applying.

**Contact person:** Luigi Balacco, project coordinator ([luigi.balacco@incoweb.org](mailto:luigi.balacco@incoweb.org))

**Hosting organisation:** Associazione “Appoggiati a me Onlus”

#### Some words about Molfetta

The project will take place in Molfetta, a city in Apulia, on the Adriatic coast at about 25 km from Bari. Molfetta has around 60.000 inhabitants. In the last years Molfetta's commercial activities and attractions have been improved, thanks to the recent construction of a huge shopping area, equipped with stores, national chains, outlets, Luna park, hard discount, cinemas and so on. At the same time in the historical centre many restaurants, clubs, bars and youth meeting point are crowded during the week-end especially at the evening.



#### Associazione “Appoggiati a me Onlus”

It was born in March 2014 because of the commitment of a group of parents – united by the need to fill the gaps of public welfare in terms of disability and the desire to build a sustainable life project over time for a future of real social inclusion of own children.

The association aims to:

- improve the autonomy and social inclusion of future adults with disabilities through intensive individualized actions taken as earlier as possible.
- Build a network of good practices with public administrations, private bodies, other associations.

Most of the target group are children/adolescents diagnosed with autism spectrum disorder, but there are also motor disabilities. The association makes its own experience available, providing families with legal support and fiscal matters on issues related to disability. It creates awareness events, free information seminars and training projects for teachers and

professionals.

The organization count on the support of man volunteers, professionals and friends committed to support the integration of disables in daily life.

## **Proposed activities for volunteers**

As a volunteer, you will have the chance to support the teachers and staff, enriching the daily activities of the students. You can:

- present your own culture and country
- support in the preparation of weekly activities, f. i. collect some materials, take care that everything is ready, etc
- support the project “scuola di lavoro”, where the pupils learn how to perform easy secretarial activities, print something, using PC, etc.
- **Supporting and assisting kids in the recreational activities on week-end.**
- Help the staff in the theatre lab.
- Support the disables in sport activities and swimming pool.
- Participate in the training session for expert and professionals.
- Participate and organize complementary activities with other volunteers, such as international evening, literature contest, language workshops, etc.
- Help in practical and creative work.
- take part in cultural and activities and trips.

## **Food and accommodation**

As a volunteer, you will live in a flat together with 3 other volunteers, in the city of Molfetta close to the hosting organization. The accommodation will be provided in **double room with a shared bathroom and kitchen**. The lodging choice will be always decided by the InCo and **it is not possible for you to choose your own accommodation**.

You will receive an extra pocket money of 150 euros for buying food. In this way you are free to cook in your fully equipped flat.

## **Useful links**

Here you can find the page of “Appoggiati a me Onlus”: [www.facebook.com/Appoggiati-a-Me-ONLUS-1421558361388920/](http://www.facebook.com/Appoggiati-a-Me-ONLUS-1421558361388920/)

Here you can find the website of InCo, the coordinating organization:  
<http://www.incoweb.org/eng>

If you would like to know more about the ESC volunteering experience, check out the blog of the volunteers: <http://www.incoweb.org/eng/Volunteers-say>