



VITAMIN D

Digital Boost

European Solidarity Corps

📍 FARO, PORTUGAL

📅 OCTOBER, 2022 - AUGUST, 2023

Application deadline: August 21, 2022

INFOPACK

ABOUT US

Contextos is a cooperative, based in Faro, and created in 2016 to empower the community through cultural, artistic, social and educational projects.

We work on a diverse range of projects, focusing on: Communication, Culture, Art, Youth Participation, Training and Education, Empowerment and Social Inclusion, Democratic Education and Citizenship.

- Our mission is to make citizens live in more inclusive and plural communities, transforming needs into opportunities.
- Our values are intercultural dialogue and social inclusion, proactivity and dynamism, ambition and continuous improvement.

MEET THE TEAM



Jorge MACHADO
FOUNDER & CEO



Andreia MARTINS
PROJECT MANAGER



Sylwia FRĄCZEK
PROJECT MANAGER



Dovilė IMBRASAITĖ
PROJECT MANAGER

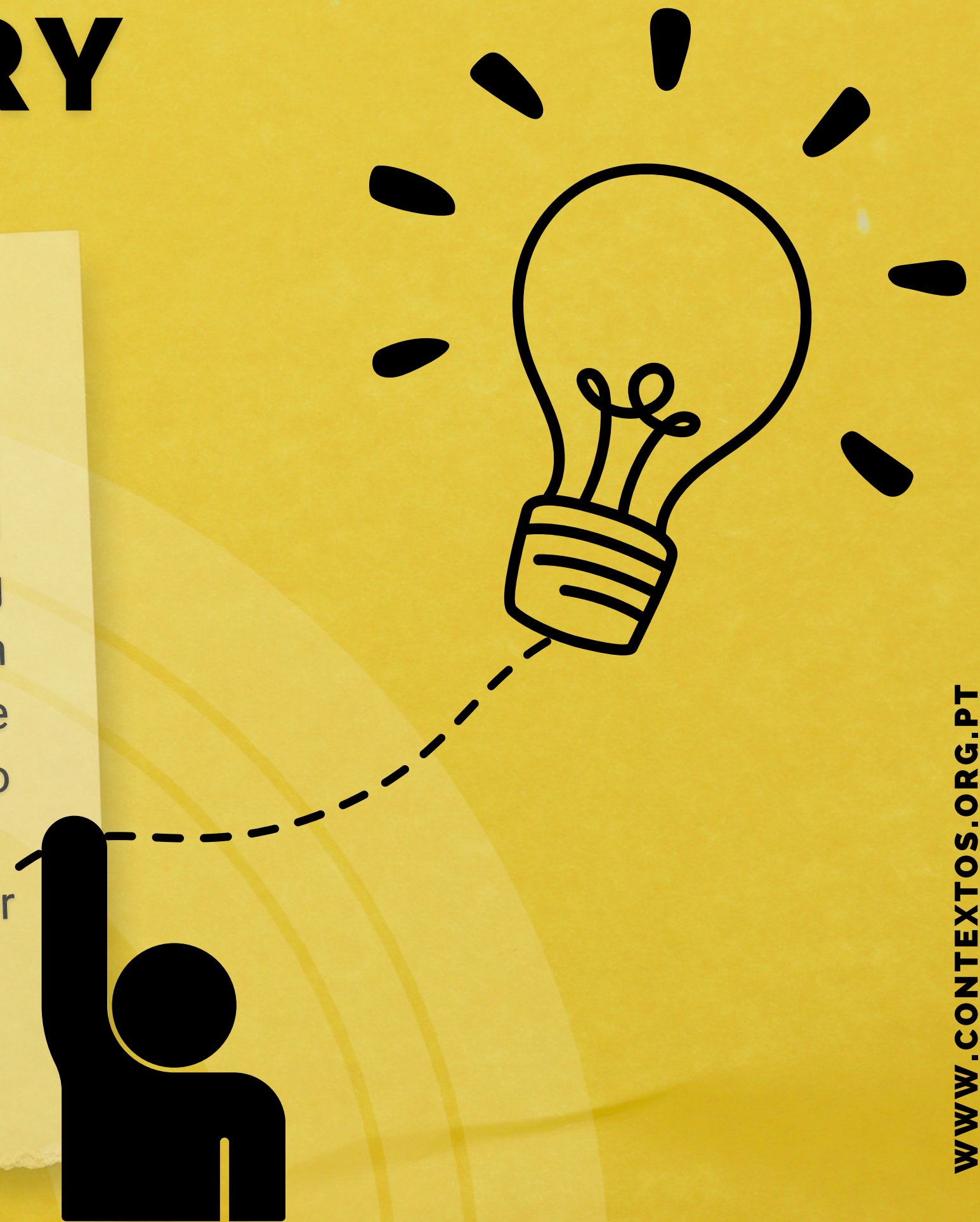


Andrei BACCAR SEROTINI
COMUNICATION MANAGER

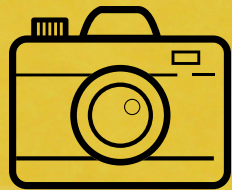
PROJECT SUMMARY

Volunteers will work as part of Contextos' team, dedicating their time to two major projects: "Vitamin D", a medialab that embraces a series of communication projects (such as podcast, interviews, cultural events, newsletters) and Culture4all, aiming at promoting Culture in Faro and bringing the community and the Cultural and Creative Agents closer. In addition, since proactivity and dynamism are values of the cooperative, volunteers will always be encouraged to create/manage their own projects and ideas.

Also, the ESC program provides an online course for volunteers to learn Portuguese: [OLS](#).



KEY AREAS



PHOTOGRAPHY/ VIDEOGRAPHY

Helping and supporting our local initiatives (PeckaKucha, Videoforum, Sofar Sounds, People of Faro, Conversa Fiada Podcast), events and projects through video and photo.



CULTURAL MANAGEMENT

Involved in the promotion of the Cultural and Creative Sector of Faro and in the organization and implementation of local events like PeckaKucha, Videoforum and Sofar Sounds.



GRAPHIC DESIGN

Helping Contextos team with designing visuals for the projects and social media platforms.

VOLUNTEER'S PROFILE

We consider that the named profile features are particularly important to the adaptation of the volunteers to this project.

Enthusiasm, and motivation to participate in our project

Flexibility to work with different teams and target groups and also to work on weekends (only if needed)

Willing to develop new projects and own personal activities with the support of the team

Motivation to learn Portuguese

Motivation for self-development, and engagement in volunteering

To have a developed sense of responsibility

Proactive and initiative-driven person

Willingness to share knowledge in areas which they like

From 18 till 30 y.o.

High sociability skills

Reside in EU countries



PERSONAL PROJECTS

Volunteers will be encouraged to develop an individual personal project that is unique for them, to their passions and interests. We are giving few examples.



**Organizing and
leading
workshops**

**Organizing and
leading exhibitions**

**Facilitating and
leading local youth
initiatives**

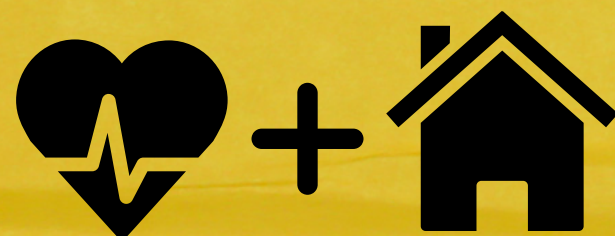
**....
Let your
creativity
flow!**

ACCOMODATION

Contextos will provide housing in a fully equipped flat in Faro to all the volunteers. Volunteers may have to share a room.

INSURANCE

You will be covered by the CIGNA insurance for the duration of your project and for two more months after it's finished. CIGNA works as supplementary insurance from the European Health Insurance Card (EHIC), which you must have with you during the project.



FOOD ALLOWANCE & POCKET MONEY

A monthly allowance of 150€ will be provided by Contextos to cover food expenses. Plus, every month the volunteer will receive 5€/day for pocket money.

The money is given by bank transfer at the beginning of the month and it is the responsibility of the volunteer to manage it well.

Our suggestion is to have an international card: www.revolut.com



WORKING HOURS & DAYS OFF

The standard timetable for volunteers is from 9:30h-16:30h. 6 volunteering hours with 1 hour lunch break. Volunteers have days off on Saturday and Sunday. If there's an event during the weekend and volunteers are working on it, they can take 1 day-off to compensate. You will have two days off per month, meaning that in the total 11 months project you will have 22 days off. As a volunteer, you can enjoy the official national holidays too.



TRAVEL COSTS

We will give your money back!



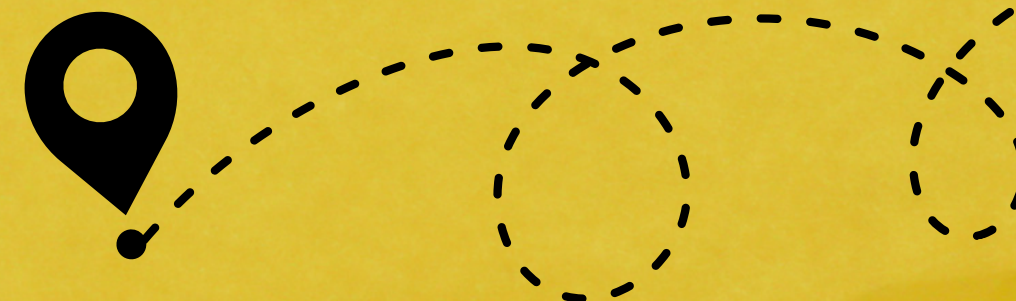
Before completing a purchase of the ticket (just oneway) the volunteer or the support organization will have to contact Contextos, who will give the **authorization** to go on with the purchase of the ticket.

Reimbursement of travel costs will only be done upon presentation of the **original tickets** with **boarding passes** and **receipt/invoices**.



Reimbursement will be done in EUR by bank transfer - regardless of the currency indicated on your ticket and receipt/invoice.

! Please note, if you bought your ticket in your local currency which might be different from EUR, we will calculate your travel costs according to the exchange rates from the official European Commission website for the month of ticket purchase: **EU budget**.



TRAVEL BUDGET

Your travel budget depends on the distance between your place of residence and the project. You can find distance calculator here: [Distance calculator](#).



This table shows your travel budget based on the estimated distance:

Eligible costs		Financing mechanism	Amount	In case of “green” travel	Rule of allocation
Travel	Contribution to the travel costs of participants from their place of origin to the venue of the activity and return.	Contribution on the basis of unit costs	For travel distances between 0 and 99KM: EUR 23 per participant		Based on the travel distance per participant, including accompanying persons. Travel distances must be calculated using the distance calculator supported by the European Commission ²⁷ . The applicant must indicate the distance of a one-way travel to calculate the amount of the EU grant that will support the round trip ²⁸ .
			For travel distances between 100 and 499 KM: EUR 180 per participant	210 EUR	
			For travel distances between 500 and 1 999 KM: EUR 275 per participant	320 EUR	
			For travel distances between 2 000 and 2 999 KM: EUR 360 per participant	410 EUR	
			For travel distances between 3 000 and 3 999 KM: EUR 530 per participant	610 EUR	
			For travel distances between 4 000 and 7 999 KM: EUR 820 per participant		
			For travel distances of 8 000 KM or more: EUR 1 500 per participant		
Eligible costs		Financing	Amount		Rule of allocation

https://europa.eu/youth/sites/default/files/european_solidarity_corps_guide_2022_en_v2.pdf, page 26.

★ Anything beyond given budget you have to pay for yourself. If you notice during your planning that your travel costs will be much more expensive than the maximum amount, or if it is a major obstacle for you to cover the travel costs until after the project, please contact us.





WHERE IS FARO?

Faro is a municipality, the southernmost city and capital of the district of the same name, in the Algarve region of southern Portugal.

HOW TO REACH FARO?

Faro city has an airport where you can land. Or you can also land at the airport of Lisbon and then take a train/bus to Faro.

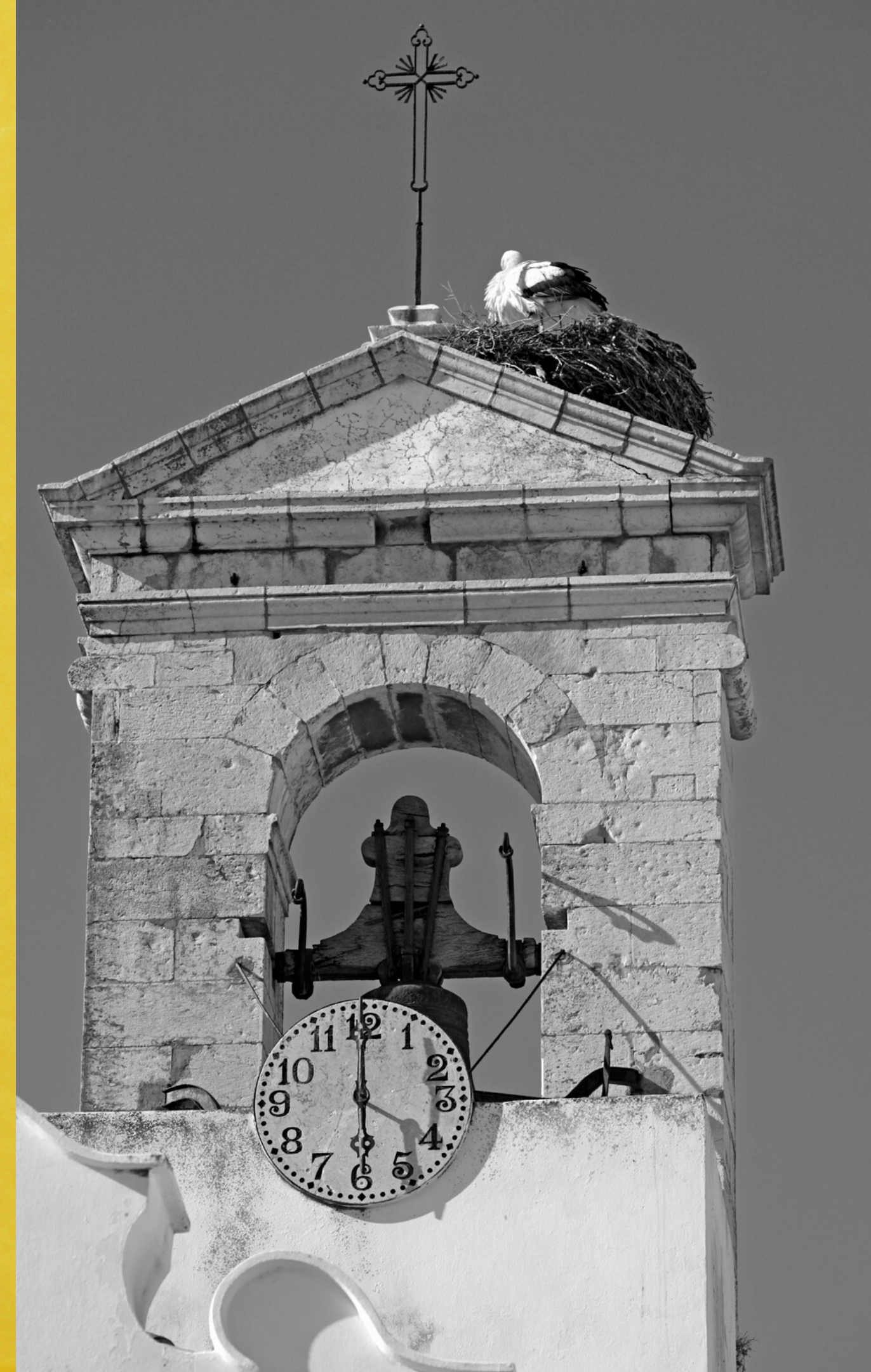
Check the train tickets here:
www.cp.pt

Bus companies: Flixbus, Rede Expressos.

ABOUT FARO

The municipality of Faro has a population of around 57.000 habitants of which 15, 6% is aged between 15 and 24 years old. It is the capital of the Algarve, the southern region of Portugal and known for its coastline. Faro is situated virtually in the heart of the Ria Formosa (a nature reserve) and in the middle of the coastline, which extends from the mythical Ponta de Sagres, at windward, to the Spanish border at the leeward side.

Considerable tourist development in the 1950's transformed the coast of the Algarve. The Mediterranean landscape of fig, almond and carob trees littered with small traditional houses, gave way to a network hotels and holiday villages. Fortunately we have really good weather conditions all over the year; our light and soft Winter it's going between 15 C° and 7 C° and the sunny and dry Summer can go from 28 C° to 43 C°.





ABOUT FARO

The city is equipped with an international airport, a rail station and a central bus station. The access to the city is really easy by bus or train; inside the city we have good connection from all the places to the centre on foot. Faro can be calm and quiet, as sometimes a really energetic and crowded city, caused by the amused university students arrival and departure and the youthfulness that describes our city.

It has the Portuguese Institute of Youth and Sports, art galleries, a theatre from the 18 century still working, a professional theatre company and three amateur groups, as some dance and music bands. Culturally and artistically, Faro is developing in terms of people's acceptance and governmental support, so although there is still a lack of participation of the community in general, there are many new events and activities.



HOW TO APPLY?

You should fill the **application form** [here](#) and add your **CV** and **Portfolio** (if applicable).
We are committed through our equal opportunities policy to ensure that all applications are considered on a fair, unbiased and lawful basis.

We are looking forward to your queries, expression of interest and applications.

For more information: hey@contextos.org.pt

